

# Pretty Flawless Aesthetics



## **Fibroblast Plasma Treatment Patient information sheet**



# Fibroblast Plasma Lifts

Fibroblast Plasma Lift, also known as soft surgery, is a revolutionary skin tightening procedure that is an alternative to invasive surgical cosmetic procedures with reduced recovery time and without potential complications that can arise before and after surgery.

In layman's terms, Fibroblast Plasma Lift is a minimally invasive treatment that uses a device fitted with a tiny needle to deliver heat to the skin to tighten and firm it. Using an electrical spark to heat tiny columns of the skin, skin fibers are minimized, and collagen production is boosted, leading to the tightening and removal of excess skin. In technical terms, an arc causes superficial damage to the upper dermal layer of the skin and transmits heat to the lower levels of the skin. This causes the new skin to generate collagen and elastin fiber that we lose as we age.

Fibroblast Plasma Lift removes or reduces fine lines, wrinkles, scarring, uneven coloration, sagging skin on your neck or tummy, and eliminates skin imperfections like skin tags and sun damage. The results are only comparable to plastic surgery, and in most areas, are permanent.

This amazing procedure can be done anywhere on the body, most popular for:

- Hooded Eyelid Lifting
- Under Eye "Bags"
- Crow's Feet
- Forehead Lines
- Nasolabial Fold
- Jowls
- Neck Lines
- Stretch marks
- Scars
- Smoker's Lines
- Skin Lesions (such as warts, milias, moles (flat or raised), age spots)

Advantages Vs Surgery:

- No incision of skin
- No stitches
- No risk associated with an aesthetics or surgery
- Minimal side effects and far less downtime
- No thinning of skin



- Induces collagen growth
- Significant cost savings
- Natural results
- Immediate results visible

### **How Long Does it Last?**

The results can last up to 2 years, although it does not stop your natural aging process, you should still see lasting results for years as they would with cosmetic surgery. For longer lasting results you should maintain a healthy lifestyle, avoid smoking, excessive alcohol consumption, and prolonged sun exposure.

### **Am I a good candidate?**

As with most cosmetic procedures, if you are pregnant or nursing you should avoid this treatment. Although some darker skin types are suitable for the soft surgery procedure, it is not advised for those with very dark skin. This is because there is a higher risk of hyperpigmentation (dark spots) or hypo-pigmentation (light spots) following treatment, particularly if the carbon crust is disturbed by scratching, scrubbing or picking.

### **The Procedure**

It is best to arrive with clean skin without any make-up on the treatment area. A numbing cream is applied on the treatment area for 30 minutes. When the treatment area is sufficiently numb the session begins. You may feel some heat in the treatment area, which may be uncomfortable and slightly painful (equivalent to sunburn discomfort). Treatment time is usually between 30-60 minutes, depending on the size of the treatment area.

Immediately after the treatment, you may experience a burning sensation, but it should only last a few hours, and your skin therapist will apply a cooling gel to the treatment area and provide you with thorough aftercare instructions to ensure that you see the best results.

You will see immediate results after your treatment, but the best results will be seen after three weeks. If you require additional treatments it can be done at 6-week intervals.

\*Prices may vary based on consultation